



Reclaiming Your Preciousness Women's Retreat

Friday, September 20, 5:30 p.m.
Through
Saturday, September 21, 4:00 p.m.

\$125 includes 3 meals & lodging
Registration and \$65 deposit due
by Sunday, August 18, 2019.

Full payment due September 8, 2019.
(no refunds after September 8)

Make checks payable to
Unity Center for Spiritual Growth

Mail to:

Unity Center for Spiritual Growth
54 River Road, Windham, ME 04062

Credit card payments accepted in person
or via phone.

Call UCSG at (207) 893-1233

Pilgrim Lodge
a rustic retreat center
on beautiful
Lake Cobbosseecontee



“When we claim and constantly reclaim the truth of being the chosen ones, we soon discover within ourselves a deep desire to reveal to others their own chosenness. Instead of making us feel that we are better, more precious or valuable than others, our awareness of being chosen opens our eyes to the chosenness of others. That is the great joy of being chosen: the discovery that others are chosen as well. In the house of God there are many mansions. There is a place for everyone - a unique, special place. Once we deeply trust that we ourselves are precious in God's eyes, we are able to recognize the preciousness of others and their unique places in God's heart.” — Henri J.M. Nouwen, Life of the Beloved: Spiritual Living in a Secular World


unity[®]
of Greater Portland



Women's Retreat

Friday-Saturday
September 20-21, 2019

Pilgrim Lodge

103 Pilgrim Lodge Lane
West Gardiner, Maine 04345
www.pilgrimlodge.org



Rosie Deer Heart, Facilitator

My name is Rosalie Deer Heart. I was born intuitive. Love, Intuition, Communication, Creativity, Joy, Healing and Service are woven into my soul purpose. Energy is my first language. For me, energy is information. Love is the energy that connects dimensions. I see, feel, hear, and know as I interpret and channel energy. When I dedicated my life to serve as a Resource to the Source, God took me seriously.

In "Reclaiming Your Preciousness", I will serve as your spiritual midwife and your spiritual companion.

Weekend Experience

During this weekend retreat:

- ❖ Be open to what you do not know
- ❖ Invite the unexpected
- ❖ Imagine the Future as a place of revelations
- ❖ Be prepared to love yourself (and others) more deeply
- ❖ Join us in a relaxed and supportive environment as we embark on this exciting journey

What will I take away?

- ❖ A deeper connection with self & others.
- ❖ A deeper connection with your intuition, guides and God
- ❖ Insights about your spiritual ideals and soul purpose
- ❖ Self compassion
- ❖ An understanding of Future Pull and how it empowers your life giggles.

What should I bring?

- ❖ A Friend
- ❖ Bedding & pillow (sleeping bag or twin sheets/blanket)
- ❖ Towels (bath/beach)
- ❖ Personal toiletries
- ❖ Bathing suit (lake dipping if you dare)
- ❖ Flashlight
- ❖ Fall clothing (layers for near the lake)
- ❖ Drums, rattles (optional)
- ❖ Comfortable folding chair (optional)
- ❖ Snacks to share
- ❖ Bug spray

Save resources. Carpool!

*Partial scholarships available
(contact Rev. Pat at
revpatbessey@gmail.com)*

Your Retreat Team

Rev Pat revpatbessey@gmail.com
Kim Cowperthwaite kbczone@gmail.com
Erin Conway eirdan@yahoo.com
Michelle Neas redsandstone71@gmail.com
Cindy Uhl cynthia.uhl@gmail.com