

# LIFE DESIGN

Think of something you would like to have – a car, a boat, a job, a vacation, a perfect companion – and describe it in a sentence that begins with –

What do I want?

Why do I want it?

How will I feel when I have it?

What makes me believe I can have it?

Repeat this experience whenever you are faced with a choice, and you will avoid making choices that really don't please you.

When you have answered these questions accurately, you have begun the A-B-C process of manifestation immediately. You have A-ASKed, B-BELIEVEd – and now your part in the manifestation process is over. Turn

your attention to something else unless you are nudged by the ELF to take some action. And be sure to open your mind and heart to C-COLLECT.